

Study determining the reproducibility of the non-invasive break-up time by corneal topographer (NIK-BUT) method for infrared, red and white illumination



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Introduction:

Dry eye is one of the most common diseases in the world [1]. Every fifth person suffers from this disease [2].

Today measuring of tear film stability, is focused on non-invasive methods [3]. To determine the influence of the examiner, an objective analysis should be used. One of these novel non-invasive methods is the non-invasive keratograph break-up time (NIK-BUT). The NIK-BUT is known as the tear film break-up time measured by means of the video topographer.

Purpose:

The aim of this study was to measure the reproducibility of the non-invasive keratograph break-up time (NIK-BUT) using three different illuminations: infrared, red and white.

Methods:

Forty-eight subjects were enrolled (mean age (34.8 ± 15.2) years; 50% female, 50% male). The reproducibility of NIK-BUT (OCULUS Keratograph 4, Version: 1.76b53rH) was tested on three consecutive days at the same day time. Infrared, red and white illumination was examined in a randomised order. A comparison of the first break-up (NIKf-BUT) and the average of all affected areas (NIKav-BUT) was made. Because of incorrect detection by the video topographer due to eyelashes, pupil light reaction and iris crypts, the values of the NIK-BUT have been adjusted (Figure 1).

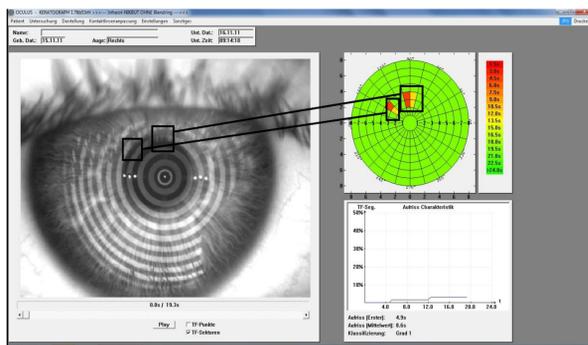


Figure 1: incorrect detection due to eyelashes

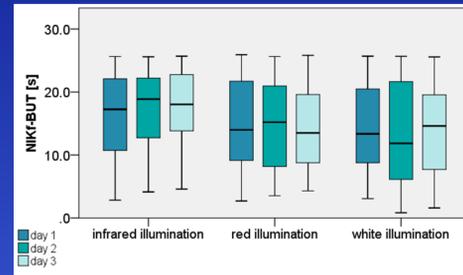


Figure 2: Presentation NIKf-BUT on three consecutive days

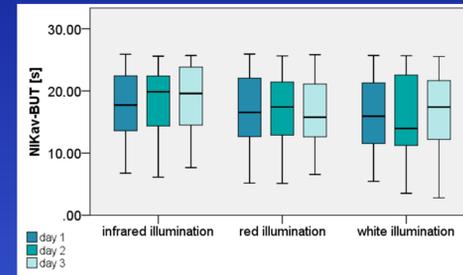


Figure 3: Presentation NIKav-BUT on three consecutive days

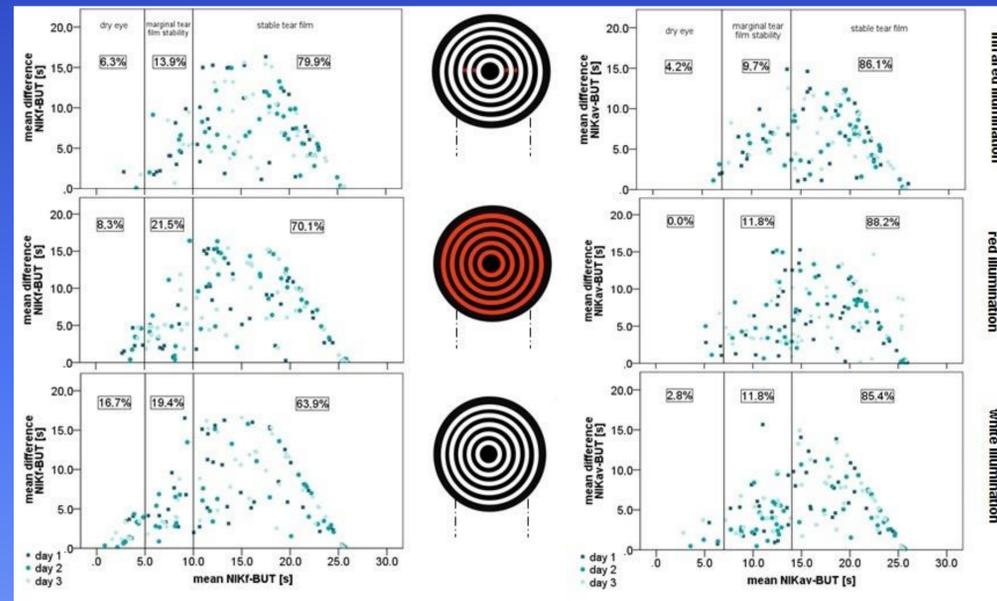


Figure 4: scatter plots about the mean differences to the mean value from the repeated measurements of NIKf-BUT und NIKav-BUT (n=48)

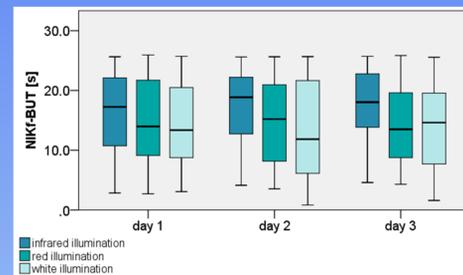


Figure 5: Presentation of the NIKf-BUT with different illumination on three consecutive days

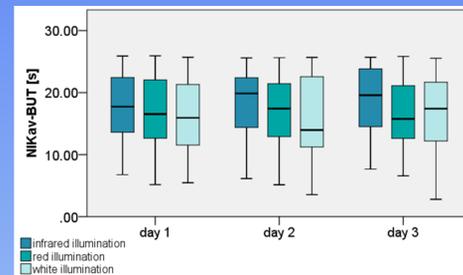


Figure 6: Presentation of the NIKav-BUT with different illumination on three consecutive days

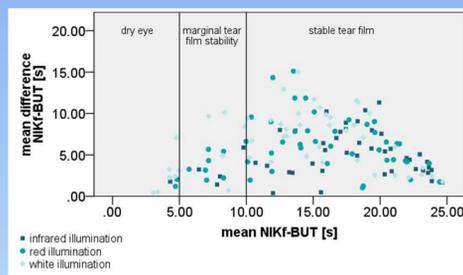


Figure 7: Scatter plot of differences about mean values from repeated measurements NIKf-BUT

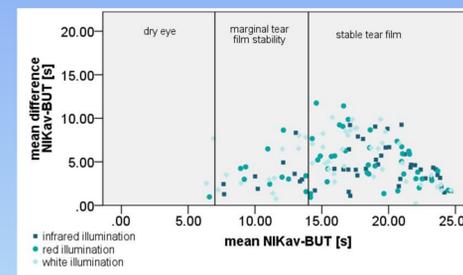


Figure 8: Scatter plot of differences about mean values from repeated measurements NIKav-BUT

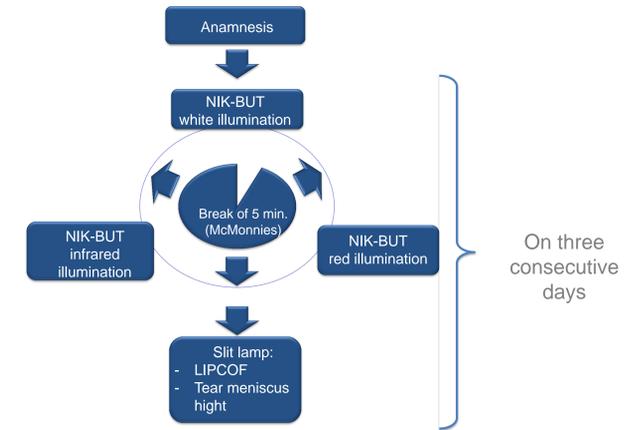


Figure 9: examination process

Results:

Only the values of the NIKav-BUT with red illumination were normally distributed ($n = 48$, *Shapiro-Wilk* $p=0,094$). The results show that there is no statistical difference regardless of the illumination, which was used on three consecutive days (infrared illumination: NIKf-BUT, *Friedman-Test* $p=0,090$, NIKav-BUT, *Friedman-Test* $p=0,243$; white illumination: NIKf-BUT, *Friedman-Test* $p=0,558$, NIKav-BUT, *Friedman-Test* $p=0,864$; red illumination: NIKf-BUT, *Friedman-Test* $p=0,763$, NIKav-BUT ANOVA $p=0,781$). Between the illumination there are no statistical differences ($p>0,05$) apart from two exceptions [NIKf-BUT(ir=r=w) day 2: $p=0,01$ / day 3: $p=0,005$; *Friedman-Test*].

Conclusion:

Results of the non-invasive keratograph break-up time (NIK-BUT) on three successive days and between the three different illuminations were equal. The infrared illumination is the least invasive method to measure the NIK-BUT. This is why the illumination is recommended for practical use. The NIK-BUT method, using the three different illuminations, should be optimised in future studies, since the video topographer is detecting eyelashes, pupil light reaction and iris crypts as a tear film break-up.

References:

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- [3] Goto, T. et al.: A New Method for Tear Film Stability Analysis Using Videokeratography. American journal of Ophthalmology. 2003. 135. 5